

# Transportation Resources for Washington County Residents

**2022**



Compiled by  
Community Thread  
Stillwater, Minnesota  
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[www.CommunityThreadMN.org](http://www.CommunityThreadMN.org)  
Phone: 651-439-7434

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Lakeview Health Foundation,  
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private donations and other supporters.



*Always check with your healthcare provider first. They may have services available at no cost to you as part of your plan.*

## **ALLEGIANCE TRANSPORTATION**

651-207- 5211

[www.allegiancetransportation.com](http://www.allegiancetransportation.com)

At Allegiance Transportation, you will have the comfort of knowing you or your loved ones are in the very best of hands while traveling with one of our professionals. Prior to your first ride, you will be invited to meet with one of our staff. We'll answer any questions you have about our company and our drivers. We offer transportation to medical appointments, treatment sessions, and rehabilitation therapies for wheelchair clients throughout the Twin Cities metro area.

They have received an A+ from the BBB.

**Regular times of service:** Monday through Friday, 7 a.m. to 5 p.m. Service available earlier, later or on weekends for extra \$20 fee.

**Advance notice:** 24 hours preferred, after hours call for pricing.

**Wheelchair lift:** Yes - mount lift or ramp. Stretcher transport available.

**Price:** 10 miles round trip \$48 wheelchair fee \$65.50- \$1.70 per mile over 10.

## **Questions?**

*Community Thread*

*2300 W. Orleans St., Stillwater, MN 55082*

*Phone: 651-439-7434;*

*Email: [contact@CommunityThreadmn.org](mailto:contact@CommunityThreadmn.org)*

## **ALPHA AND OMEGA USA INC.**

612-810-0000

alphaandomegausa.com

**Hours of service:** Monday through Friday,  
5 a.m. to 6 p.m.; Saturday, 5 a.m. to 5 p.m.;  
Sunday – based on driver availability.  
They contract with DHS, Blue Plus and Ucare.  
They also provide medical rides as a  
non-contractor for Health Partners.

**Advance notice required:** No, but 2 days is  
recommended.

**Wheelchair lift:** Yes.

**Price:** Wheelchair: \$25 one way, plus \$2 per  
mile (extra for oversize wheelchairs).  
Non-wheelchair riders: \$15 one way, plus \$2 per  
mile. Extra cost for rides outside the 694 and  
494 freeway loop.

### **Additional Resources:**

*If you receive county services, you may be eligible  
for help with transportation. Contact your county  
case manager for assistance.*

**Washington County Community Services**  
**651-430-6000** [www.co.washington.mn.us](http://www.co.washington.mn.us)

**Minnesota Department of Human Services**  
**(651) 431-2000** [www.mn.gov/dhs](http://www.mn.gov/dhs)

[www.MinnesotaHelp.info](http://www.MinnesotaHelp.info)

**Disability Linkage Line**  
**866-333-2466**

**Metropolitan Area Agency on Aging -  
Senior Linkage Line**  
**800-333-2433** [www.metroaging.org](http://www.metroaging.org)

### **United Way**

Call: 211 Note: If calling from a cell phone, call:  
651-291-0211 (metro); 800-543-7709 (outstate) or  
TTY: 651-291-8440.

### **Veterans Linkage Line**

**888-546-5838** [www.mdva.state.mn.us](http://www.mdva.state.mn.us)

LinkVet is a 24-hour helpline for transportation.

### **Other services for Minnesota Veterans**

Churches, American Legion, VFW clubs,  
insurance providers, taxis, car rental agencies,  
Lyft, Uber and Beyond the Yellow Ribbon.

## **UCARE MINNESOTA**

612-676-6830 / 612-676-6503

[www.ucare.org](http://www.ucare.org)

UCare Minnesota provides transportation for medical, dental or chiropractic appointments.

**Hours of service:** 7 days per week.

6 a.m. to 10 p.m.

**Advance notice required:** 2 days (same day for emergency or pharmacy).

**Wheelchair lift:** Yes; document from doctor required.

**Price:** Free for UCare members, depending on plan.

## **ALWAYS BEST CARE SENIOR SERVICES**

651-774-9979 (Free consultation 651-760-3895)

[www.alwaysbestcare.com](http://www.alwaysbestcare.com)

Always Best Care Senior Services provides a transportation service with a special touch. Caregivers escort patients to appointments and are available to remain with the patient during appointments. Caregivers also assist with meals and light housekeeping.

**Hours of service:** 7 days a week, 8 a.m. to 8 p.m.

**Advance notice required:** 24 hours.

**Wheelchair lift:** No.

**Price:** 1 hour \$35, 2 hours \$60, 3 hours \$84.

Additional \$0.57 per mile.

Payment accepted by cash or check; no Medical Assistance or insurance.

## **AMERICAN CANCER SOCIETY**

800-227-2345

[www.cancer.org](http://www.cancer.org)

Transportation is provided by Road to Recovery volunteers to cancer patients who are ambulatory and need rides to doctor appointments and medical treatments.

**Hours of service:** Monday through Thursday.  
8 a.m. to 5:30 p.m.; Friday 8 a.m. to 4:30 p.m.

**Advance notice required:** 4 business days.

**Wheelchair lift:** No.

**Price:** Free.

## **BLUE CROSS BLUE SHIELD MINNESOTA**

Blue Ride: 651-662-8648 / 1-866-340-8648  
www.bluecrossmn.com

The Blue Ride is a service to Blue Plus members. Transportation is provided to any health care appointment, including mental health.

**Hours of service:** Monday through Friday.

7 a.m. – 6 p.m. no holidays.

**Advance notice required:** 2 business days.

1 short notice ride per month.

**Wheelchair lift:** Yes.

**Price:** Free for Blue Cross Member with Blue Ride benefit.

## **BRIGHTSTAR CARE ST. CROIX VALLEY**

651-234-0044

www.brightstarcare.com/st-croix-valley

They provide clients with a certified nursing assistant, licensed practical nurse or registered nurse who will transport clients to and from medical appointments and stay with the client the entire time. Other services are available, please call or look online.

**Hours of service:** 7 days a week, 24 hours a day.

**Advance notice required:** 2 days minimum.

**Wheelchair lift:** No.

**Price:** Varies on level of care needed; call for price information.

## **TWIN CITY MOBILITY**

952-435-5503

www.twincitymobilitymn.com

Twin City Mobility provides transportation for medical appointments in the Twin Cities Metro area.

**Hours of service:** 7 days a week.

5 a.m. to 8 p.m.

**Advance notice required:** No, but 1 day is recommended.

**Wheelchair lift:** Yes.

**Price:** \$18.75 one way, plus \$1.55 per mile. Blue Cross, UCare and Medical Assistance accepted.

## **TRANSIT LINK**

651-602-5465

<https://metrocouncil.org/Transportation/Services/Transit-Link.aspx>

Transit Link provides shared-ride, curb-to-curb small-bus service for medical and non-medical needs in the Twin Cities Metro area.

**Hours of service:** Monday through Friday.  
6 a.m. to 6:15 p.m.

**Advance notice required:** Reserve a ride up to 5 days in advance. There is limited same day service with minimum of 2 hours advance notice.

**Wheelchair lift:** Yes.

**Price:** Less than 14 miles - \$2.25 one way; 14 to 24 miles - \$4.50 one way; More than 24 miles - \$6.75 one way. Certified disabled riders pay a maximum of \$4.50 each way. Exact change is required, or Go Cards may be purchased from Cub Foods stores. Pick-ups may be up to 30 minutes later than requested, depending on circumstances of previous pick-ups of the other bus riders. Drivers will wait up to 3 minutes for riders to appear.

**Cancellation policy:** 1-hour advance cancellation is required. With 3 late cancellations or no shows, ride service will be suspended for 1 month.

## **COMMUNITY THREAD**

651-439-7434

[www.CommunityThreadMN.org](http://www.CommunityThreadMN.org)

Community Thread provides transportation to medical appointments with the help of volunteers through its Thrive program. This service is for ambulatory riders who live in the Stillwater School District (ISD 834) and have no other means of transportation. First-time riders need to complete a pre-service application form prior to start of service.

**Hours of service:** Monday through Friday.  
8 a.m. to 4 p.m. (no holidays)

Times may vary depending on the availability of volunteer drivers and the distance to and from appointment.

**Call during office hours:** Monday through Friday, 9 a.m. to 4 p.m.

**Advance notice required:** 3 business days  
Will take ride requests up to 60 days before day of appointment.

**Wheelchair lift:** No.

**Price:** Rides may be free with Thrive membership. Memberships are available at free or reduced prices for those who qualify. Non-member medical rides are \$25/roundtrip. Call for details.

## **COMMUNITY THREAD CONNECTOR LOOP**

651-789-6221 or 651-846-9302

<https://newtrax.org>

The Community Thread Connector Loop runs every Monday from 10am – 3pm, with scheduled stops at senior housing complexes, area businesses, retail stores and Community Thread's Stillwater location. The Community Thread Connector Loop is open to all. Planned stops are offered on an hourly loop schedule, with the flexibility to request a stop nearby.

**Hours of service:** Monday from 10 am – 3 pm.  
Call during office hours: Monday through Friday, 9 a.m. to 4 p.m.

**Advance notice required:** Riders who live within 2 blocks of the bus route may request a home pickup by calling NewTrax at 651-789-6221 by Friday at 2pm prior to the Monday service.

**Wheelchair lift:** Yes.

**Price:** \$3 for an all day pass and can get on and off the bus at any stop along the loop.  
Cash only.

## **SYNERGY Homecare**

877-432-2692 or 763-205-4440

[www.synergyhomecare.com](http://www.synergyhomecare.com)

SYNERGY HomeCare provides in-home care services including personal cares, homemaking chore services, and we offer transportation services for individuals who can get in to and out of a standard passenger vehicle. We do not provide medical transport, but we transport clients to doctor appointments, religious services, and other appointments. Our licensed caregivers assist the client in to and out of the car and stay with the client during the appointment.

**Hours of service:** 24 hours per day.  
7 days a week.

**Advance notice required:** 2 days or less.

**Wheelchair lift:** No.

**Price:** Hourly and mileage based on government reimbursement rate.



## **PREMIER HANDICAP SERVICES**

612-467-9684

[www.premierhandicapservices.com](http://www.premierhandicapservices.com)

Premier offers transportation services for individuals with special needs. Translation services are available for Hmong, French or Laotian speakers.

**Hours of service:** Monday through Friday.

5:30 a.m. to 11 p.m.

Saturday-Sunday, 6a.m. to 8p.m.

**Advance notice required:** 24 hours min.

4-5 days preferred.

**Wheelchair lift:** Yes.

**Price:**

Wheelchair riders: \$60 round trip, plus \$2.50 per mile weekdays.

Ambulatory riders: \$60 round trip, plus \$2 per mile weekdays.

Medical Assistance, Blue Cross, Medica and UCare are accepted if arranged through those programs in advance.

## **DISABLED AMERICAN VETERANS OF MINNESOTA**

612-467-2768

[www.davmn.org](http://www.davmn.org)

Volunteer veterans provide veterans rides for VA Medical Center appointments.

**Hours of service:** Monday through Friday, from 9 a.m. to 1 p.m. (no holidays).

**Advance notice required:** No; first come, first served

**Wheelchair lift:** No.

**Price:** Free to disabled veterans with financial or medical hardship. Donations are accepted to DAV of Minnesota.

## **DRIVING MISS DAISY**

763-253-4400

[www.drivingmissdaisymn.com](http://www.drivingmissdaisymn.com)

Driving Miss Daisy offers vans with ramps and lifts as well as regular vehicles to transport clients to many different types of events including medical appointments, airport travel and social events. Companion services are also offered for seniors and the disabled.

**Hours of service:** Monday through Friday.  
6 a.m. to 6 p.m.

**Advance notice required:** At least 24-hours prior to scheduled appointment

**Wheelchair lift:** Yes.

**Price:** 10 miles or less - \$75 for trips (round trip or one way). 10+ miles: \$30 for ambulatory riders, \$45 for wheelchair riders, plus \$3 per mile. Free for riders with some insurance plans - call for information.

## **MINNESOTA NON-EMERGENCY TRANSPORTATION**

866-467-1724

[www.mtm-inc.net/minnesota](http://www.mtm-inc.net/minnesota)

Minnesota Non-Emergency Transportation provides rides for medical appointments for people on Medical Assistance.

**Hours of service:** Monday through Friday.  
7 a.m. to 8 p.m.

Weekend or after-hours service for hospital discharges only.

**Advance notice required:** 3 business days; urgent trips as needed.

**Wheelchair lift:** Yes.

**Price:** Per Medical Assistance rates.

## **METRO MOBILITY**

651-602-1111

<http://metro council.org/Transportation/Services/Metro-Mobility.aspx>

Metro Mobility serves people with disabilities in the Twin Cities metro, including many communities in Washington County. Registration required before first service.

**Hours of service:** Varies by community.

**Advance notice required:** 1 to 4 days.

**Wheelchair lift:** Yes.

**Price:** \$4 one way, from 6 to 9 a.m. or 3 to 6:30 p.m.; \$3 in non-rush hours. Cash, Metro Mobility tickets or Go-To cards are accepted.

## **METRO TRANSIT**

612-373-3333

[www.metrotransit.org](http://www.metrotransit.org)

Metro Transit provides a bus service from Washington County to other cities in the metro area. Fares and hours of service vary – call or go online for more information and rates.

## **GOGOGRANDPARENT**

1-855-464-6872 / 1-855-GOGO-USA

<https://gogograndparent.com>

GoGoGrandparent [partnered with Lyft and Uber] provides transportation for any need.

**Hours of service:** Sunday through Saturday. 24/7 as drivers are available.

**Advance notice required:** Generally, 15 minutes.

**Wheelchair lift:** No.

**Price:** Quotes available 24/7, A concierge fee of \$0.27/minute from the start of the ride plus vendor's fare.

## **HEALTHPARTNERS RIDECARE**

952-883-7400 / 1-888-288-1439

[www.healthpartners.com](http://www.healthpartners.com)

HealthPartners RideCare provides transportation for medical appointments, including dental.

**Hours of service:** Monday through Friday. 7 a.m. to 5 p.m.

**Advance notice required:** 1 to 3 business days. If ride needed for urgent care, 3 hour notice is requested.

**Wheelchair lift:** Yes.

**Price:** Free for HealthPartners members with ride benefit.

## **HOME HELPERS AND DIRECT LINK OF THE TWIN CITIES**

612-518-5741

[homehelpershomecare.com/st-paul-mn/](http://homehelpershomecare.com/st-paul-mn/)

Home Helpers and Direct Link of the Twin Cities provides transportation and in-home compassionate companion and homemaking care to seniors and others, including post-surgery care and respite care. Their goal is to make life easier to keep seniors and those with needs independent and in their homes.

They also offer Personal Emergency Response Systems (PERS) through Direct Link, a necklace that calls for help with just the click of a button.

**Hours of service:** 7 days, 6 a.m. to 10:30 p.m.

**Advance notice required:** 48 hours preferred.

**Wheelchair lift:** No.

**Price:** \$25 per hour, plus 56 cents per mile  
Insurance not accepted. No long term commitment, however a contract for services is required in advance of the first service.

## **MEDICA PROVIDE-A-RIDE**

952-992-2580 / 1-888-347-3630

[www.medica.com](http://www.medica.com)

Medica provides rides for medical, mental health, pharmacy, dental and substance abuse appointments.

**Hours of service:** Monday through Thursday 8 a.m. to 5 p.m., Fridays 9 a.m. to 5 p.m.

**Advance notice required:** 1 business day (with certain exceptions).

**Wheelchair lift:** No.

**Price:** Free for Medica members who have PMAP plan.

## **MEDI-VAN**

800-422-0976

[Medi-van.org](http://Medi-van.org)

**Hours of service:** 7 days a week.  
24 hours per day.

**Advance notice required:** No.

**Wheelchair lift:** Yes.

**Price:** Call for rate sheet. Medical Assistance is accepted.